

KEY TO A SUCCESSFUL TELETHERAPY SESSION

GUIDELINES FOR PARENTS AND STUDENTS



SET UP A TIME AND SCHEDULE:

- Create a calendar in advance with dates and times for each session.



PROVIDE A QUIET SPACE:

- Set up a space or room that is quiet, with no or little external noise and remove any distractions that may interfere with the session. Provide water, if necessary, and make sure the student is comfortable.



COMPUTER AND SEATING:

- The computer must have a camera and should be placed on a desk or table, computer screen should be focused on the student's face and/or work. Student should be sitting in an upright chair. Make sure you check the internet service and sound prior to a session.



MISCELLANEOUS ITEMS:

- If additional items are needed such as a toy, activity, or any item that may be needed for the session, be sure everything is available so the session is not interrupted. Please make sure your child has had a snack and bathroom break prior to session.



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