SET UP A TIME AND SCHEDULE:
• In advance, provide the parents and students with a schedule and/or a calendar with dates and times for each session. Have a conversation with parents and/or students and explain what the session will entail.

BE PREPARED:
• Set up a space or room that is quiet, with little external noise and remove any distractions that may interfere with the session. Have all the necessary equipment needed such as videos, music and interactive games ready to share on your computer. Test the computer, sound quality and the internet with the student prior to beginning the session.

READY SET GO:
• Make sure to have alternative plans ready if you need to switch or change the session. Plan activities that get the student up out of their seat if necessary. Be creative with your session!